

## KS3-4 Curriculum Map: LIFE (PD)

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 7	<u>Transition to KS3</u>  Core Ideas: Settling into a new school Positive behaviours Rights and responsibilities	<u>Character &amp; Behaviour</u>  Core Ideas: Character education Anti-bullying Study Skills	<u>Puberty &amp; Relationships Education</u>  Core Ideas: Puberty - physical and emotional changes Healthy relationships Unhealthy relationships	<u>Social Media &amp; Relationships</u>  Core Ideas: Social media - wellbeing Social media - reputation & relationships Gender stereotypes	<u>Tolerance &amp; Diversity</u>  Core Ideas: Sexism Racism LGBTQ	<u>Healthy Lifestyles</u>  Core Ideas: Managing emotional & physical health Appearance ideals Crime
	Core Skills: Empathy, communication, collaboration, critical thinking, self-reflection, tolerance of conflicting views					
Year 8	<u>Money &amp; Responsibility</u>  Core Ideas: Money & gambling Rights & responsibilities Respecting gender	<u>Relationships &amp; Risk</u>  Core Ideas: Risk in relationships Financial risk	<u>Our Future</u>  Core Ideas: Careers Life after school	<u>Staying Safe Online</u>  Core Ideas: Online resilience Online content & contact Recognising propaganda	<u>Mental Health</u>  Core Ideas: Attitudes towards mental health Promoting wellbeing Healthy & unhealthy coping strategies	<u>Relationships &amp; Family Life</u>  Core Ideas: Changing family relationships Family roles
	Core Skills: Empathy, communication, collaboration, critical thinking, self-reflection, tolerance of conflicting views					
Year 9	<u>Healthy Lifestyles</u>  Core Ideas: Diet & exercise Health & wellbeing	<u>Unhealthy Lifestyles</u>  Core Ideas: Alcohol Drugs Crime	<u>Careers</u>  Core Ideas: Using the 'START' platform Options choices Careers and skills	<u>Relationships</u>  Core Ideas: Healthy, unhealthy & unsafe relationships Consent Consent & the law	<u>Unhealthy Choices</u>  Core Ideas: Vaping Cannabis Risky situations	<u>Managing Your Health &amp; Transition to LS4</u>  Core Ideas: Sleep Changes at KS4
	Core Skills: Empathy, communication, collaboration, critical thinking, self-reflection, tolerance of conflicting views					
Year 10	<u>British Citizenship</u>  Core Ideas: UK Elections UK Law UK Rights	<u>Refugees</u>  Core Ideas: Refugee terminology Refugee case studies	<u>Challenging Extremism</u>  Core Ideas: Preventing radicalisation Divisive language	<u>Project Eileen</u>  Core Ideas: Language of death & grief The grieving process Anticipated loss	<u>Careers</u>  Core Ideas: Writing a CV Writing a covering letter Interview skills	<u>Relationships</u>  Core Ideas: Expectations in relationships Pornography
	Core Skills: Empathy, communication, collaboration, critical thinking, self-reflection, tolerance of conflicting views					
Year 11	<u>Setting Goals &amp; Careers</u>  Core Ideas: Targets for year ahead Personal skills Skills for employment	<u>Exam Preparation &amp; Stress</u>  Core Ideas: Exam stress Managing stress Revision strategies	<u>Fertility &amp; Pregnancy Choices</u>  Core Ideas: Routes to pregnancy Pregnancy outcomes Pregnancy choices	<u>Relationships &amp; Sex Education</u>  Core Ideas: Relationship values Unhealthy relationships Coercive control	<u>Revision Skills</u>  Core Ideas: Revision tips & strategies	

Core Skills: Empathy, communication, collaboration, critical thinking, self-reflection, tolerance of conflicting views