

KS3-4 Curriculum Map: LIFE (PD)

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 7	<u>Transition to KS3</u> Core Ideas: Settling into a new school Positive behaviours Rights and responsibilities	<u>Character & Behaviour</u> Core Ideas: Character education Anti-bullying Study Skills	<u>Puberty & Relationships Education</u> Core Ideas: Puberty - physical and emotional changes Healthy relationships Unhealthy relationships	<u>Social Media & Relationships</u> Core Ideas: Social media - wellbeing Social media - reputation & relationships Gender stereotypes	<u>Tolerance & Diversity</u> Core Ideas: Sexism Racism LGBTQ	<u>Healthy Lifestyles</u> Core Ideas: Managing emotional & physical health Appearance ideals Crime
Core Skills: Empathy, communication, collaboration, critical thinking, self-reflection, tolerance of conflicting views						
Year 8	<u>Money & Responsibility</u> Core Ideas: Money & gambling Rights & responsibilities Respecting gender	<u>Relationships & Risk</u> Core Ideas: Risk in relationships Financial risk	<u>Our Future</u> Core Ideas: Careers Life after school	<u>Staying Safe Online</u> Core Ideas: Online resilience Online content & contact Recognising propaganda	<u>Mental Health</u> Core Ideas: Attitudes towards mental health Promoting wellbeing Healthy & unhealthy coping strategies	<u>Relationships & Family Life</u> Core Ideas: Changing family relationships Family roles
Core Skills: Empathy, communication, collaboration, critical thinking, self-reflection, tolerance of conflicting views						
Year 9	<u>Healthy Lifestyles</u> Core Ideas: Diet & exercise Health & wellbeing	<u>Unhealthy Lifestyles</u> Core Ideas: Alcohol Drugs Crime	<u>Careers</u> Core Ideas: Using the 'START' platform Options choices Careers and skills	<u>Relationships</u> Core Ideas: Healthy, unhealthy & unsafe relationships Consent Consent & the law	<u>Unhealthy Choices</u> Core Ideas: Vaping Cannabis Risky situations	<u>Managing Your Health & Transition to LS4</u> Core Ideas: Sleep Changes at KS4
Core Skills: Empathy, communication, collaboration, critical thinking, self-reflection, tolerance of conflicting views						
Year 10	<u>British Citizenship</u> Core Ideas: UK Elections UK Law UK Rights	<u>Refugees</u> Core Ideas: Refugee terminology Refugee case studies	<u>Challenging Extremism</u> Core Ideas: Preventing radicalisation Divisive language	<u>Project Eileen</u> Core Ideas: Language of death & grief The grieving process Anticipated loss	<u>Careers</u> Core Ideas: Writing a CV Writing a covering letter Interview skills	<u>Relationships</u> Core Ideas: Expectations in relationships Pornography
Core Skills: Empathy, communication, collaboration, critical thinking, self-reflection, tolerance of conflicting views						
Year 11	<u>Setting Goals & Careers</u> Core Ideas: Targets for year ahead Personal skills Skills for employment	<u>Exam Preparation & Stress</u> Core Ideas: Exam stress Managing stress Revision strategies	<u>Fertility & Pregnancy Choices</u> Core Ideas: Routes to pregnancy Pregnancy outcomes Pregnancy choices	<u>Relationships & Sex Education</u> Core Ideas: Relationship values Unhealthy relationships Coercive control	<u>Revision Skills</u> Core Ideas: Revision tips & strategies	

Core Skills: Empathy, communication, collaboration, critical thinking, self-reflection, tolerance of conflicting views